

# PODSQUAD BOOK RECOMMENDATIONS

## NEEDING A NEW BOOK?

We have put together a list of some of our favorite spiritual books. Here you will find topics that range from motherhood, guilty souls, vulnerability, prayer, and many others that can help you dive deeper into your personal walk with God. These books have helped each of us in some of our toughest life moments... so our prayer is that God can use one that has helped us to inspire you too!

We are hoping that this helps you get to know the Podsquad a little more and maybe find your new favorite book too!

### Kelsey's favorites:

- *The Guilty Soul's Guide to Grace* by Sam Laing  
For all the guilty souls out there, this book is a must-read. It helped me understand what grace is and isn't, how to accept God's grace, and how to live your life extending grace to yourself and others.
- *People-Pleaser* by Amanda Kelsch  
This is an eight-week workbook that has helped me learn the difference between pleasing people and pleasing God while making sure that I'm living to please God above others. I also love having the activities and challenges to keep me engaged.

### Mallory's favorites:

- *Calm My Anxious Heart* by Linda Dillow  
This book has helped me countless times. It helps me refocus on trusting God at His word. It's validating, encouraging, but also a great call back to surrender.

- **The Best Yes** by Lysa Terkeurst  
This one is one of my faves!!! As someone who loves to please, this book helps me root my heart in what matters and make time for what's most important- my assignments from God. It helps me think through what is best versus what would make everyone happy- it also helps me not drive my husband crazy.
- **Shiny Things: Mothering on Purpose in a World of Distractions** by Bacon and Gumley  
This is a must read for young mamas trying to find peace and purpose in their parenting! It's a new fave of mine as I navigate being a mom in a social media world.

### Laney's favorites:

- **Redeeming Love** by Francine Rivers  
This is a romantic biblical novel based on the book of Hosea in the Bible. It's such a fun read especially if you are a sucker for romance (I'm such a girl when it comes to that). It's super inspiring and shows so much about the way God views us, loves us, and FIGHTS for us no matter what our past is. Highly recommend if you want a good cry!!

### Chanelle's favorites:

- **Letters to the Church** by Francis Chan  
This book has helped me to define what a church member looks like solely from the scriptures while also challenging all my prior convictions to ensure that they too are from the Bible.
- **Daring Greatly** by Brene Brown  
It taught me how to work through and embrace vulnerability and addressed choosing courage over fear and perfectionism.
- **Screwtape Letters** by C.S. Lewis  
It is the story in the perspective of a demon and how he thinks through breaking our spiritual connection with God. For me, it

provided a humbling look on my struggles and how to respond righteously.

### Kaylee's favorites:

- The Circle Maker by Mark Batterson  
This book changed my view of prayer and refreshed the way that I talk to God.
- When God Says Wait by Elizabeth Laing Thompson  
Life does not go how I expect or even how I want it to, this book addresses real feelings and refocused my heart to trusting God through it all.

### Emma's favorites:

- The Guilty Soul's Guide to Grace by Sam Laing  
I am a notorious guilty soul... but aren't we all a little bit? This book absolutely changed my perspective on God!! It addresses many thoughts that a guilty soul negatively spirals down and gives clear biblical responses for each. A MUST read!
- A Lineage of Grace by Francine Rivers  
The stories of Tamar, Rahab, Ruth, Bathsheba, and Mary, written in biblical fiction. Rivers BEAUTIFULLY writes their stories full of deep emotion, which helps you connect so much more with these powerful women of the Bible.

If you end up loving any of these books, please feel free to share your victories with us! We are praying for each one of you and would love to hear how God is moving in your life!